



— THE CITY OF LONDON —  
**DENTAL SCHOOL**

## Diploma in Clear Aligner Therapy



### About the Course

The Diploma in Clear Aligner Therapy course aims to teach the general dentist how to use clear aligner therapy as a tool to improve the treatment outcomes in all aspects of their general dental practice, including aesthetic, periodontal and restorative care.

The tutors are an Invisalign Platinum Elite Doctor, clinical speaker and a post-graduate tutor plus one of Europe's most experienced Invisalign providers, with over 1,750 cases completed to date. Together, they're sharing over 30 years of

dental orthodontic know-how with you through the world's first independent, expert-led dental academy dedicated to Clear Aligner Therapy.



# Module Outline

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## Learning Outcomes



- Understand orthodontic anatomy and classification.
  - Assess, diagnose and treatment plan the orthodontic patient suitable for clear aligner therapy.
  - Understand the biomechanical principles of tooth movement.
  - Be able to interpret clinical imagery in orthodontic alignment
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- Understand the treatment process of clear aligner therapy and materials used.
  - Know the components of the clear aligner as an orthodontic appliance
  - Appreciate different treatment protocols for different malocclusions.
  - Know how to use computer-assisted technology when planning orthodontic alignment.
  - Utilise the learning outcomes above to create a portfolio of clinical cases. Mentorship will be provided for case assessment, diagnosis, treatment planning, active treatment, finishing and retention.

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## Course Structure Term 1



### High-Level Theory

The first term is designed to teach students a high level of orthodontic theory and methodology to align themselves with the standardised protocols of the SAFE orthodontics system. This is delivered by a combination of self-guided learning with online material and live/recorded webinars. 1-1 online mentoring on the student's own cases will begin from day 1.

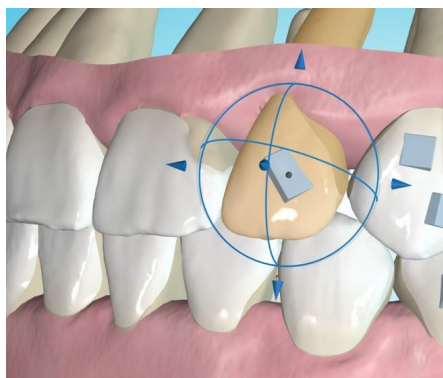
### Aim

To provide students with the advanced theoretical and clinical knowledge necessary to undertake the practical and clinical training offered in the later terms of the programme.

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## Course Structure Term 2



### Practical Training and Clinical Application

The second term covers occlusion, assessment, diagnosis and treatment planning, ethical sales and consent. Advanced use of the ClinCheck, students' own cases, online presentation of clinical cases and protocols for different malocclusions via live webinars. This will provide the students with clinical examples of how the skills practised and acquired during the residential phase are applied in the clinic. The clinical cases will be integrated with Q&A sessions, critical and recommended reading and thought-share elements. 1-1 online mentoring on the students' own cases will continue.

There is an optional module to complete an Invisalign business development programme with Jamie Morley of Fitting Leadership and Andy Toy. This is suitable for both Associates and Practice Owners. It consists of online workshops, practical exercises and online coaching to help you develop a customised plan. (Dates and prices TBC).

### Aim

Students will acquire the practical skills required to use clear aligner therapy in orthodontic treatment, and learn how to apply them to clinical cases of increasing complexity.

## Course Structure Term 3



### Clinical Case Presentation

The focus is on finishing cases, retention and preparation for final case presentations.

There are MCQ and Short Answer papers as part of the final examination. These can be taken online from anywhere in the world.

1-1. Online mentoring continues throughout this term. At the end of the term you will prepare your case portfolio by completing 10 case presentations.

There is an optional module to attend a 4 day course at The City of London Dental School, Southgate London. This will include assessment and treatment planning

(revision), occlusion (revision), ortho-restorative/ortho-periodontics with David Bretton and composite bonding with Affan Saghir (Dates and prices TBC).

1-2. To integrate all the learning from previous 2 terms and be able to demonstrate this by successfully completing the Postgraduate Diploma Examination.

### Aim

This course, when completed, is your initial step to a full Masters degree in the professional practice of Clear Aligner Orthodontics validated by the University of Bolton



# Flexible Learning



The programme incorporates a variety of flexible learning channels.

Webinars and online workshops are delivered live to enable students to ask questions during the presentation. They are also recorded for students who are unable to attend the session and for revision purposes.

Students have access to 1-1 tutoring throughout the course via an online forum, with a response from their tutor within 48 hours.

Small group sessions are arranged in terms 2 and 3 for discussion of clinical cases or any other issue related to the course. This enables students to learn from their own cases and also benefit from seeing cases belonging to fellow students thus providing a great deal of clinical experience of Clear Aligner Therapy in a relatively short space of time.

Case presentation and literature reading exercises are included in term 1.

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## Programme Leaders

Dr. Raman Aulakh MOrth BDS PGDip (ClinEd) (Specialist Orthodontist), Dr. Andy Toy MMedSci (ClinEd) BDS MFGDP(UK) (General Dental Practitioner with a Special Interest in Orthodontics) and Angela Auluck BDS MOrth (Specialist Orthodontist)

